



Twin Valley Community Local Schools

Middle/High School Breakfast Menu

January 2019

7

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

8

- MEAL OF THE DAY:
Cinni Mini**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

9

- MEAL OF THE DAY:
Cinnamon Sugar
Donuts Holes**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

10

- MEAL OF THE DAY:
Cinnamon Sugar
Apple Filled Churros**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

11

- MEAL OF THE DAY:
PB&J Jammers**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

14

- MEAL OF THE DAY:
French Toast w/ Syrup**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

15

- MEAL OF THE DAY:
Cinni Mini**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

16

- MEAL OF THE DAY:
Glazed Donuts**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

17

- MEAL OF THE DAY:
Pancakes w/ Syrup**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

18

- MEAL OF THE DAY:
Waffles w/ Syrup**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

21

**MLK Day
No School**

22

- MEAL OF THE DAY:
Cinni Mini**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

23

- MEAL OF THE DAY:
Glazed Donuts Holes**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

24

- MEAL OF THE DAY:
Biscuit, Egg and
Bacon**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

25

- MEAL OF THE DAY:
Waffles w/ Syrup**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

28

**Teacher's PD
No School**

29

- MEAL OF THE DAY:
Pancake/Sausage on a
Stick**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

30

- MEAL OF THE DAY:
Glazed Donuts**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

31

- MEAL OF THE DAY:
Cherry Frudel**
1. Assorted Muffins
 2. Assorted Poptarts
 3. Assorted Cereals
 4. Chocolate Oatmeal Breakfast Bars

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Breakfast full paid- \$2.00 applications- FREE breakfast!

Free/ reduced

Assorted milk, assorted fruit and 100% juice offered daily
 Menus are subject to change
 All Entrees Are Whole Grain
 All meals meet the National School Breakfast Program